

MAKEUP

When researching mineral makeup avoid talc and fragrance. Ask about returns of unsatisfactory product when you make your purchase. Many health food stores also have make-up counters with testers.

Physicians Formula Organic Wear

Ecco Bella Flowercolor

Lavera Organic Mineral Makeup

L'Oreal Bare Naturale mineral makeup

Clinique – fragrance free. Not all natural

HAIR GEL

Aloe Vera gel without fragrance & dyes.

DEODORANT

Those that have very little odor can try just dusting under their arms with baking soda, a natural deodorizer

Alba Clear Enzyme Deodorant (stick)

Byly – unscented, stick.

Crystal deodorants - unscented

Kiss My Face – Liquid Rock, fragrance free

Kiss My Face – Active Enzyme, fragrance free (stick)

Life's Deodorant Spray with Aloe Vera, unscented

Lavalin Deodorant (fragrance free)

Nutribiotic Deodorant Stick, unscented

Terra Naturals—Uniquely Natural Deodorant, unscented

RESOURCES

Skin Deep - research your skin care (avoid aromatherapy options)

<http://www.cosmeticsdatabase.com/index.php>

Annie Berthold-Bond - green options (avoid aromatherapy options)

<http://www.anniebbond.com/>

Debra Lynn Dadd - green options (avoid aromatherapy options)

<http://greenlivingga.com/content/fragrance-free-hair-styling-pr>

Formaldehyde in Clothing (sources)

<http://dermnetnz.org/dermatitis/formaldehyde-allergy.html>

For more information on fragrances visit

<http://www.ehabc.org/faq.html#triggers>

BOOKS

Consumer's Dictionary of Cosmetic Ingredients, 7th Edition by Ruth Winter

Clean and Green by Annie Berthold Bond

Toxic Beauty by Samuel S. Epstein, MD & Randall Fitzgerald

The Safe Shopper's Bible by David Steinman & Samuel S. Epstein, MD

DISCLAIMER

Fragrance free and unscented products may still have some odor. Everyone differs in their sensitivities and tolerances. The EHA BC is providing general information only. The choices are your responsibility. Get professional healthcare advice if needed.

FRAGRANCE FREE

NATURAL PERSONAL CARE

&

LAUNDRY PRODUCTS

(January 2012 version)



**Environmental Health
Association of BC**

Victoria, BC

Email: info@ehabc.org
Website: www.ehabc.org

LAUNDRY SOAP

Seventh Generation, unscented

Nature Clean Laundry liquid, unscented

Nature Clean laundry powder, unscented

Nature Clean All Purpose Cleaner

VIP Laundry Liquid, unscented

VIP with Borax (powder)

VIP Washing Soda (powder) - (has trace odour. For emergency use. Then use others.)

20 Mule Team Borax (has trace fragrance)

Teldon Laundry Disks (some add baking soda or small amount of soap when using.)

Special Usage of products:

VIP Washing Soda for removal of old laundry detergent residues.

Borax to help whiten laundry.

Baking Soda to remove fragrance.

FABRIC SOFTENER

Static Eliminator Dryer sheets - reusable microfibre towels with stripe, no odor

Nellie's Dryer Balls - PCV-free ones

Vinegar - 1/8th to 1/4 cup in with laundry soap or rinse water.

Vinegar - used on face cloth in dryer

Products listed found in: Health food/vitamin stores and many grocery stores. Those listed are the most common ones used by sensitive members and are not the only fragrance-free products available.

Brochure updated – January 2012

HAND & BODY SOAP/WASHES

Val's Veggie Bars, unscented

Nature Clean bar, unscented bar

Nature Clean liquid soap, unscented

Guelph Soap - unscented bar

Soap Works, Olive Oil Soap
(an unwrapped bulk soap)

Kiss My Face, Fragrance Free Moisture Soap
(liquid)

Desert Essence Organics Fragrance Free
Organic Body Wash

SKIN CARE

Curelle Hand and Body Lotion (fragrance free)

Alba Botanical Very Emollient Body Lotion
Original, unscented

Desert Essence Organics Fragrance Free
Hand and Body Lotion

Kiss My Face – Natural Moisturizer, Olive and
Aloe, fragrance free

Desert Essence Gentle Nourishing Day Crème
SPF 15, Fragrance Free

Green Beaver Day Facial Moisturizer, fragrance
free

Kiss My Face Ultra Moisturizer, fragrance
free

L'Jon Skin Perfect , #1,2,3,4, bath salts.
(salons, consultants or www.ljon.com)

Clinique - unscented skin care - not necessarily
natural ingredients

Aveeno fragrance free skin care - not all natural
ingredients.

SHAMPOO & CONDITIONER

Curelle Hydra Shampoo

Curelle Riche Conditioner

Desert Essence Organics

Fragrance Free Shampoo

Desert Essence Organics

Fragrance Free Conditioner

Earth Science Shampoo, fragrance free

Earth Science Conditioner, fragrance free

Prairie Natural, Artic Sun, Hypoallergenic
Shampoo (is fragrance free)

Prairie Natural, Artic Sun, Hypoallergenic
Conditioner (is fragrance free)

Nature Clean Shampoo

Nature Clean Conditioner

Dr. Bronner's castile soaps in the unscented
"baby line" only.

HAIRSPRAY

NOTE: Has a smell, even if unscented or
fragrance free, due to the ingredients used.

Curelle non-aerosol hairspray, unscented.

Suncoat All Natural Hair Spray

Magick Botanicals Fragrance Free Hairspray
(has to be ordered from NEEDS, USA)

SHAVING CRÈME

Alba Botanicals Very Emollient Cream Shave,
unscented

Kiss My Face – Fragrance Free Moisture
Shave

Clinique shave gel - unscented, not all natural

